



2024 U.S. ELECTIONS RESPONSE AND RESOURCES

From: Ariana Lacson, Associated Students President & CEO

Dear Fellow Spartans,

As we continue to reflect on the results of the 2024 U.S. Elections, we may be overcome by a variety of different emotions. Whether it be disappointment, optimism, uncertainty, or any other feeling that may be lingering in between, I want to affirm and assure you all that it is okay to feel and express every single one of them. I encourage you all to take up the space and all the time that you need to process the election results and preserve your mental well-being.

However this process may look like, just know that Associated Students is here to listen, support, and amplify your voice as we navigate through a changing political landscape. SJSU has long embraced freedom of expression and continues to provide students with plentiful opportunities to channel their beliefs. A.S. offers various opportunities for you to express your concerns to your student body representatives through our [myVoice SJSU Survey](#), our new monthly A.S. Town Hall meetings, our office hours (See Director office hours [here](#)), and our Board of Directors meetings. I invite you all to attend our next **Town Hall on Tuesday, November 19th from 4-6 PM in SU Meeting Room 4** ([Zoom option](#) also available) where we will be discussing the impacts of the elections on students and their concerns, campus safety, and current projects and advocacy efforts our Board is currently working on.

Although America's future remains uncertain at this time, I am absolutely certain of one thing: *that we have each other.* I've found that in my past few years here at San José State, we have such a rich and unique community settled in the heart of Silicon Valley. Our campus is abundant with students from every walk of life who bring extraordinary talents, impressive insights, and special stories that all play a role in shaping SJSU. I am confident that our community will persevere and I urge you all to support one another as we face the next 4 years together.

In the spirit of community, below are several local and national resources that can be found on campus, within the San Jose community, and elsewhere in the U.S.:

SJSU Resources	National Resources
<ul style="list-style-type: none"> ● Post-Elections Resources ● Student Wellness Center <ul style="list-style-type: none"> ○ Counseling and Psychological Services (CAPS) ● UndocuSpartan Resource Center ● PRIDE Center ● Gender Equity Center 	<ul style="list-style-type: none"> ● 988 Crisis Lifeline ● Mental Health Helplines ● U.S. Abortion Rights Resources ● LGBTQ+ Resource List ● Trevor Project Helpline ● Trans Lifeline ● Veterans Crisis Line



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| <ul style="list-style-type: none">• YOU@SJSU• Survivor Advocacy Series• Veterans Resource Center• SJSU Time, Place, & Manner Addendum Policy | <ul style="list-style-type: none">• Crisis Text Line• San Jose Local Immigration & Community Resources |
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Last month we highlighted and commemorated SJSU’s rich history of student activism and striving for social justice. From the many generations of student activists such as Tommie Smith and John Carlos that came before us, our mission remains steadfast and clear. We will continue to advocate for each and every one of you to ensure that you have the equitable support, resources, and community you need to thrive and prosper throughout your college journey. Every Spartan has the right to an inclusive, safe, and welcoming campus environment. We encourage you all to express yourselves and advocate for your beliefs in line with respect and care for your fellow Spartans. As we transition into a new period for America, remember to take care of yourselves, lift each other up, and keep striving Spartans.

Sincerely,

Ariana Lacson

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A.S. President & CEO