



**HIGHLIGHTS**

- ◇ Public Health is the multidisciplinary study of the factors that influence health across the life course from a community and population-based perspective.
- ◇ We focus on keeping populations safe from illness and improving wellbeing for all community members. We do this through disease prevention and promoting the behaviors, environments, and policies that contribute to health for all, reducing disparities in our health outcomes.
- ◇ Our department takes a social justice approach to public health, recognizing that problems such as socioeconomic inequality, racism, gender discrimination, xenophobia, homophobia, and other forms of hate have negative consequences for health.
- ◇ Public Health majors learn in the classroom and in our communities. They develop skills for life-long learning and leadership as they examine health issues from social, scientific, global and multigenerational perspectives, and then apply what they are learning in a wide range of projects.
- ◇ As a Public Health major, you will take courses that are contemporary, practical, and relevant to many careers and interests. Our alumni are doing all kinds of things that contribute to the health of their communities... and they come back to talk about it with our current students!
- ◇ Our faculty includes nationally recognized experts and professional leaders. Many are involved in innovative research with connections to our local communities and global environments. We encourage students to get involved with our research.
- ◇ Over the past two decades, our faculty and students have received numerous awards and recognitions for outstanding contributions to the campus, community, and professions of public health and health education.

**EXAMPLES OF CAREERS IN PUBLIC HEALTH**

- ◇ Community Health Specialist
- ◇ Health Promotion Coordinator
- ◇ Health or Public Policy Aide
- ◇ Biotech Research and Development Specialist
- ◇ Health Communications Specialist
- ◇ Health Educator
- ◇ International Health Worker
- ◇ Epidemiologist
- ◇ Poison Prevention Coordinator
- ◇ Emergency Preparedness Specialist
- ◇ Training Coordinator
- ◇ Clinical Health Education Specialist
- ◇ Patient Navigator
- ◇ Allied Health Professional
- ◇ Community Organizer
- ◇ Researcher
- ◇ Study coordinator
- ◇ Health & Social Marketing Designer
- ◇ Activist

**DEGREES OFFERED**

**BS, Public Health**

**BS, Public Health: Health Services Administration Concentration**

**Minor in Public Health**

**PREPARATION FOR ADVANCED DEGREES**

The Public Health major offers excellent background for graduate work in public health, nursing, medicine, dentistry, social sciences, communications, law, and education.

## OTHER INFORMATION

**Who We Are:** We (faculty, students, and staff) are diverse, serious, fun, focused, mutually supportive, and committed to creating healthy communities for all.

**Where We Are:** Our Department Office is in Spartan Complex 201. Drop by and check out our bulletin boards, events, & announcements!

**Internships:** Our internships offer opportunities for majors to earn course credit while working in approved field placement sites. Students gain practical experience, networking opportunities, and – often – job leads and connections!

**News and Events:** We are a busy department with lots of co-curricular activities to introduce students to the field and to career opportunities. Each year, we host Student Orientations, Sacramento Policy trips, Department Open House, Alumni Panels and Mixers, and gala graduation ceremonies. We host national and international guests and participate in local activities, such as Salud Familiar en McKinley and Days of Service. We go to regional and national conferences and serve in leadership roles in professional organizations. Our Department, faculty, and programs are recognized within the University and Nationally in our profession for excellence.

**Department Vision Statement:** We aspire to be innovators and leaders in learning and teaching, scholarship, and professional practice by integrating public health and recreation to ignite social change towards a more vibrant, prosperous, and just world where the optimal health and wellbeing of individuals and communities are achieved and sustained.

## STUDENT CLUBS AND ORGANIZATIONS

- Public Health Peer Advisors
- Health Science Honors Society

## GLOBAL CONNECTIONS

The university's Global Health Association started in our department! In addition to hosting educational events on campus, students and faculty members participate in organized global study/service, including the Global Health Brigades, Study Abroad, and our new Faculty Led Program to Montreal.

## HOW TO GET STARTED

It's easy! Enroll in the prep courses: HS 1, HS 15, HS 25, HS 67, and HS 74, and come see the Peer Advisors. For more information, visit <http://www.sjsu.edu/hsr>

## SJSU WEB LINKS

**SJSU Home page:** <http://www.sjsu.edu/>

**Applying to SJSU:** <http://www.csumentor.edu/>

**Aid and Scholarship:** <http://www.sjsu.edu/faso>

**Housing:** <http://housing.sjsu.edu/>

**Request Information about SJSU:** <http://info.sjsu.edu/home/info.html>

**Schedule of Classes:** <http://info.sjsu.edu/home/schedules.html>

**SJSU Catalog:** <http://info.sjsu.edu/home/catalog.html>

**Writing Skills Test:** <https://testing.sjsu.edu/>

**Accessible Education Center:** <http://www.sjsu.edu/aec/>

## CONTACTS

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**Public Health Program Website:**

<http://www.sjsu.edu/hsr/academicprograms/HS/>

**Public Health Advising Blog:**

[sjsupublichealthadvising.wordpress.com](http://sjsupublichealthadvising.wordpress.com)

**Faculty Advisor Email:** [health-science-advising@sjsu.edu](mailto:health-science-advising@sjsu.edu)

**Peer Advisor Email:** [public.health.peer.advisors@gmail.com](mailto:public.health.peer.advisors@gmail.com)

**Make a choice that matters!**

**SJSU Health Science & Recreation Department**