Short Term Programs

**FLP:** Faculty-Led Programs are overseas courses taught by SJSU faculty from various academic fields for 2 - 4 weeks during the academic breaks of Winter, Spring, and Summer. They are considered SJSU Special Session courses and typically range from 3 - 6 units. A majority of our programs satisfy upper division GE courses (Area R, S, & V) and some also offer major-specific courses.

**SSA:** Summer School Abroad provides students the opportunity to study abroad for a short period of time during the Summer break. Normally lasting 2 - 4 weeks, SSAs allow you to enroll in a short-term program at a university abroad while still earning SJSU course credits. You will have the chance to study alongside college students from around the world on these international programs, making cross-cultural connections that will last you the rest of your life!

**ABP:** Alternative Break Programs let you explore another region of the United States and focus on learning about diverse cultures with a group of your classmates and an SJSU staff leader during either spring or summer break. Programs vary in length and do not offer academic credit.

Long Term Programs

**Exchange:** SJSU offers a range of Exchange programs for a single semester or the academic year. Programs are available at over 38 universities in 18 different countries. You can find the program that is right for you by searching by region, country, or your major / minor.

**CSUIP:** California State University International Programs (CSU IP) provide students in the CSU system with an affordable opportunity to study abroad for a semester or year. Students pay SJSU tuition, however, programs are also partially subsidized by the CSU system making them very affordable. All programs run for one year.

**ISEP:** The International Student Exchange Program (ISEP) is a non-profit SJSU partner with connections to 328 colleges and universities around the world. ISEP is dedicated to helping students overcome the financial and academic barriers to study abroad.
All students entering the Department of Nutrition, Food Science, & Packaging starting Fall 2021 are required to participate in an international experience to gain cross-cultural and cross-national insight into the political, social, cultural and economic factors that influence nutritional science in international environments.

### Recommended Programs for Nutritional Science Majors

**Winter 2023 FLPs**
- 'Business' and Samba in Rio!
- Accidental Advocate: How to save the world
- Paris: For Art Lovers
- Gourmet Culinary Experience in Japan
- Dynasty and Dynamism in Tokyo Japan
- A taste of Spain
- Hands on Thailand
- Venture around Vietnam: Sport & Culture

**Summer School Abroad**
- University of Sussex
- JAMK University of Applied Sciences
- Utrecht Summer School
- University of Ljubljana

**CSUIP**
- Griffith University

**SJSU Exchange**
- JAMK University of Applied Sciences
- Kyushu University
- City University of Hong Kong
- Nottingham Trent University
- Royal Melbourne Institute of Technology
- University of Birmingham
- University of Strathclyde

### Need Help Deciding?

If you need assistance in finding the right program for you, visit the College of Professional and Global Education located on the first floor of the Student Union - CPGE to make an appointment with a Study Abroad Adviser.

### Options to Complete Requirement Include...

#### Alternatives and Modifications
- Approved **Alternative Petition**, with one of the following 3 options AND completion of CHHS 198ITL (1 unit)
  - Enroll in Virtual International Partners (VIP)
  - Completion of 20 hours of local volunteer experience
- Approved **Modification Petition** AND completion of CHHS 198ITL (1 unit)

### Meeting the Requirement

The requirements of the international experience include:
- Travel outside of the United States
- Program must be a minimum of 9 days
- Student must receive academic credit

For more information about the requirement visit us at:

[www.sjsu.edu/chhs/students/international-experience/](http://www.sjsu.edu/chhs/students/international-experience/)

### Many More Exchange, FLP, and SSA Programs Available!

For a full list of programs and to begin applying visit:

[https://goabroad.sjsu.edu/](https://goabroad.sjsu.edu/)