

## Learning, Engagement, and Physical Activity in Early Childhood and Early Elementary Settings

You are invited to participate in a study exploring how teachers of young children use physical activity in their classrooms. We hope to better understand the similarities and differences in expectations for physical activity across different early childhood and early elementary classrooms.

The study is being conducted by a team of faculty and student researchers working with the Early Childhood Institute at San José State University (see below for names and contact information). We ask that you read this form and ask any questions you may have before agreeing to participate in the study.

**Eligibility:** You must be currently or recently (within the last 3 years) employed as a teacher of children between age 4 - 6 years (i.e., Early Childhood/Preschool, Transitional Kindergarten, or Kindergarten teacher), in a licensed center or public elementary school in California.

**Procedures:** If you agree to be in this study, you will be asked to participate in an interview about your views and experiences integrating physical activity in your classroom. We will ask about your thoughts on the goals, benefits, and drawbacks of physical activity during the school day. We will also ask you to describe your background and your student population. The interview will take approximately 45-60 minutes to complete and will be audio-recorded.

**Risks and Benefits:** There are minimal risks to participating in this study, no more than we would expect to encounter on a daily basis. Your participation in this study is voluntary and you may skip any question that you do not wish to answer. You may also end the interview at any time.

As a small token of appreciation for your time and participation, you will receive a \$60 gift card shortly after your interview via the email address you provide. While we do not otherwise expect any direct benefits to individual participants, we expect that this interview will offer an opportunity to reflect on your classroom experiences and may contribute to a broader understanding of physical activity in early childhood and early elementary school settings.

**Confidentiality:** All of your responses will be kept confidential. Audio recordings will be used to create a written record of the interview. This record will be de-identified such that your name will be replaced with a pseudonym, and the original recording will be destroyed. While reports may cite de-identified quotations and/or present aggregated data, we will not include any information that will make it possible to identify participants. Research records will be stored securely on a password protected account and/or computer, and only authorized research personnel will have access to these records.

**Your Rights:** Your participation in this study is voluntary. You may skip any question that you do not want to answer. You may also end the interview at any time. Your decision whether or not to participate will not affect your relationship with any school, San José State University or any services you receive through the University.

**Contacts and Questions:** The researchers conducting this study include Professors Maria Fusaro, Andrea Golloher, and Emily Slusser of the Early Childhood Institute, Amy August of Sociology and Interdisciplinary Social Sciences, Jihyun Lee of Kinesiology, and Julie Sliva Spitzer of Mathematics and Statistics. You are encouraged to ask questions at any time during this study.

- For further information about the study, please contact Dr. Emily Slusser at [emily.slusser@sjsu.edu](mailto:emily.slusser@sjsu.edu).
- Complaints about the research may be presented to Dr. Heather Lattimer at [heather.lattimer@sjsu.edu](mailto:heather.lattimer@sjsu.edu).
- For questions about participants' rights or if you feel you have been harmed in any way by your participation in this study, please contact Dr. Mohamed Abousalem, Vice President for Research & Innovation, San Jose State University, at 408-924-2479 or [irb@sjsu.edu](mailto:irb@sjsu.edu)

**Agreement to Participate:** Your completion of the study indicates your willingness to participate.