



Dietetics

Program Description

The Didactic Program in Dietetics (DPD) at San Jose State University provides the curriculum to prepare students (B.S. in Nutritional Science with concentration in Dietetics or M.S. in Nutritional Sciences) to meet the requirements to become a Registered Dietitian Nutritionist (RDN).

Program Mission

The Mission of the DPD is to prepare students for supervised practice leading to eligibility for the CDR credentialing exam to become a registered dietitian nutritionist. The program is committed to transmit knowledge and skills at the undergraduate level that are needed for competent dietetics practice to improve the quality of life in diverse communities.

Dietetics Course Requirements

- Nutritional Science
- Food Science
- Medical Nutrition Therapy
- Foodservice Management
- Community Nutrition
- Nutrition Education & Counseling
- Nutrition metabolism
- Chemistry & Biochemistry
- Physiology & Microbiology
- Statistics

Accreditation

San Jose State University's B.S. Degree in Nutritional Science with a Concentration in Dietetics is accredited by the Accreditation Council for Education in Nutrition and Dietetics of the Academy of Nutrition and Dietetics, 120 South Riverside Plaza, Suite 2190, Chicago, Illinois 60606-6995 Ph. 312-899-0040 ext.5400 <http://www.eatrightPRO.org/ACEND>

How to become a RDN

1. Complete academic coursework in an ACEND-accredited program
2. Complete a minimum of 1,000 hours in a post-baccalaureate ACEND- accredited supervised practice program
3. Earn a master's degree (effective January 1, 2024)
4. Pass the Commission on Dietetic Registration credentialing examination

RDN Careers

RDNs are food and nutrition experts who work in a variety of settings, including health care, business and industry, community/public health, education, research, government agencies, and private practice. Many work environments, particularly those in medical and health-care settings, require that an individual be credentialed as an RDN.

Salaries and Job Outlook

According to the 2021 Compensation & Benefits Survey of the Dietetics Profession, the median full-time salary of RDNs is \$72,000 per year.

The U.S. Bureau of Labor Statistics projects the employment of dietitians to grow 7% from 2021-2031, as fast as the average for all occupations.

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Dietetics

Dietetics Pathways at SJSU

The Department of Nutrition, Food Science, and Packaging at SJSU offers several pathways that lead to eligibility for the RDN exam.

B.S. Nutritional Science - Dietetics concentration

Provides dietetics coursework accredited by ACEND. Students earn a verification statement upon completion of the program. To be eligible for the RDN exam, students will have to earn a master's degree and complete a supervised practice program such as a dietetics internship (DI).

M.S. Nutritional Science

1) For individuals with a prior bachelor's degree in any area (including nutrition) or international students who are seeking the DPD verification statement. Students will complete the master's degree requirements and the DPD coursework accredited by ACEND. It generally takes 2 to 3 years to complete depending on prior coursework taken. To be eligible for the RDN exam, students will have to complete a supervised practice program (i.e. DI)

2) For individuals with a prior bachelor's degree in dietetics. Students will complete the master's degree requirements that takes approximately 3 semesters. To be eligible for the RDN exam, students will have to complete a supervised practice program (i.e. DI).

SAGE Nutritional Science - Dietetics concentration

This 4+1 program provides dietetics coursework accredited by ACEND. Students earn a verification statement upon successful completion of the bachelor's degree. It also includes one year of graduate study leading to a master's degree. To be eligible for the RDN exam, students will have to complete a supervised practice program (i.e. DI).

Dietetic Internship

The DI at SJSU is a minimum 1000 hours supervised-practice full-time program with placement sites located in San Jose and surrounding areas. This program is only available to students from the SJSU Department of Nutrition, Food Science, and Packaging who already have a graduate degree or are getting a graduate degree at the time of application. Students who complete the SJSU DI qualify for the RDN exam.

More information about the programs offered at: <https://www.sjsu.edu/nufspkg/programs/index.php>

