

Occupational Therapy San José State University

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SJSU SAN JOSE STATE

San Jose State University

Oldest public university in California: established 1857 One of 23 California State University campuses Current enrollment is about 36,000

SJSU offers 141 Baccalaureate degrees, 99 Master's degrees, and 4 Doctoral degrees

OT program established 1943; MSOT program established in 1960, OTD program inaugural class Spring 2023 College of Health and Human Sciences

* Thousands of alums throughout US and the world



Central Classroom Building

The Occupational Therapy Department







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SJSU OT Faculty

10 tenured/tenure track faculty

- 15 part time faculty / practitioners
- 7 highly esteemed emeritus faculty
- 10 faculty have PhDs in clinical psychology, education, human science, occupational science, health science
- 6 Fellows of the American Occupational Therapy Association
- Specialized practice certifications
- One Fulbright scholar

Numerous books, chapters, articles and presentations, editorial boards, research grants



Occupational Therapy

Two points of entry into the profession: Master's degree Doctorate degree Degree Programs: Entry level Master's degree Entry level Doctorate (OTD) degree Post-professional OTD degree



The Curriculum

Curriculum Core

Participation in meaningful occupation to promote health, well-being, and social inclusion across the lifespan

Mission

The Occupational Therapy Department at San Jose State University is dedicated to preparing culturally diverse occupational therapy leaders who promote health and participation in life for individuals, organizations, and populations through engagement in occupation.



Curriculum Clusters

- Occupation-The Core of the Profession
- Foundations for Occupational Therapy Practice
- Professional Development
- Practice in the Community
- Research and Knowledge Development
- Practice of Occupational Therapy.



Curriculum Design

Classes are small in order to foster an active learning environment that will encourage students to develop strong clinical reasoning and creative problem solving capabilities. Students refine skills in selecting, evaluating, and applying information in order to engage in evidence-based practice. Throughout the program, opportunities to interact with therapists and clients in clinical and community settings enable students to apply theoretical knowledge to practice.



SJSU Master's Program

♦ 4 semester academic program **Includes an International Experience** ♦ 2 fieldwork placements (12 weeks each-40 hours/wk) • MS degree conferred after final fieldwork placement • Eligible to sit for national registration examination (www.NBCOT.org) • SJSU OT programs have a high pass rate on registration exam



Degree Roadmap

Semester 1

- OCTH 211: Historical and Theoretical Foundations of Occupational Therapy
- OCTH 221: Occupational Analysis
- OCTH 212: Occupation Through the Lifespan
- OCTH 224: Occupational Therapy Practice in the Community I
- OCTH 222: Functional Kinesiology OR OCTH 276: Seminar and Practicum IA

Semester 2

- OCTH 245: Introduction to Research Methodology
- OCTH 206: Clinical Skills for OT Practice
- OCTH 216: Evaluation in Occupational Therapy
- OCTH 222: Functional Kinesiology OR OCTH 276: Seminar and Practicum IA
- OCTH 226: Occupational Therapy with Children or OCTH 236: Occupational Therapy with Youth

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Degree Roadmap

Semester 3

- OCTH 275: Evidence-Based Practice in OT
- OCTH 233: Professional Development II
- OCTH 246: OT with Young Adults or OCTH 256: OT with Middle Aged Adults
- OCTH 226: OT with Children or OCTH 286: Seminar and Practicum IB (4 units) OR OCTH 234: OT Practice in the Community II

Semester 4

- OCTH 295: Master's Project Capstone Course
- OCTH 246: OT with Young Adults or OCTH 256: OT with Middle Aged Adults
- OCTH 266 OT with Older Adults
- OCTH 286: Seminar and Practicum IB (4 units) OR
 OCTH 234: OT Practice in the Community II
- OCTH 210 Seminar for Occupational Therapists

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Cross-Cultural/International Experience

- The overall goal is to gain cross-cultural insight into the political, social cultural and economic factors that influence the provision of occupational therapy services outside of the US.
- Time abroad ranges from 1-3 weeks during the Winter or Summer session
- Students register for 1-6 units of coursework
- These courses fulfill requirements for the degree
- There are alternative options available if you cannot or do not want to travel



Fieldwork

 Following completion of the academic curriculum, students complete two 12-week, 40 hour per week fieldwork placements (OCTH 201A and OCTH 201B).



Cost of the MSOT Program

(Spring 25-CA residents)

| Mandatory Registration Fees | Part-Time Rate 1.0 - 6.0 Units | Full-Time Rate 6.1 or More Units |
|--------------------------------|-----------------------------------|-------------------------------------|
| Tuition Fee | \$2,208 | \$3,804 |
| Student Association Fee | \$110 | \$110 |
| Student Union Fee | \$428 | \$428 |
| Health Ctr Facility Fee | \$40 | \$40 |
| Document Fee | \$19 | \$19 |
| Student Success Excel Tech Fee | \$376 | \$376 |
| Student Health Fee | \$190 | \$190 |
| Totals | \$3,371 | \$4,967 |

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SJSU Occupational Therapy Doctorate (OTD) Program

3 year full-time (9 semester) year-round program

- Includes a Cross Cultural/International Experience
- 2 fieldwork placements (12 weeks each-40 hours/wk)
- Doctoral Capstone Experience (14 weeks)
- Doctoral Capstone Project (112 units)

Eligible to sit for national registration examination (www.NBCOT.org) SJSU OT programs have a high pass rate on registration exam

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Degree Roadmap-Year 1

YEAR 1

Spring (Total units: 15)

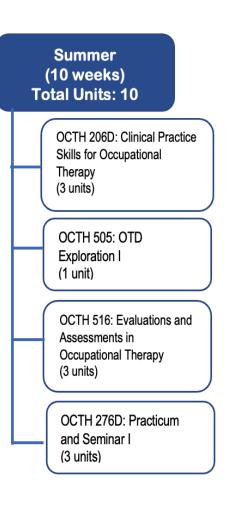
OCTH 211D: Foundations of Occupational Therapy (3 units)

OCTH 212D: Occupation Across the Lifespan (3 units)

OCTH 245D: Introduction to Research Methodology in Occupational Therapy (3 units)

OCTH 221D: Occupational Analysis (3 units)

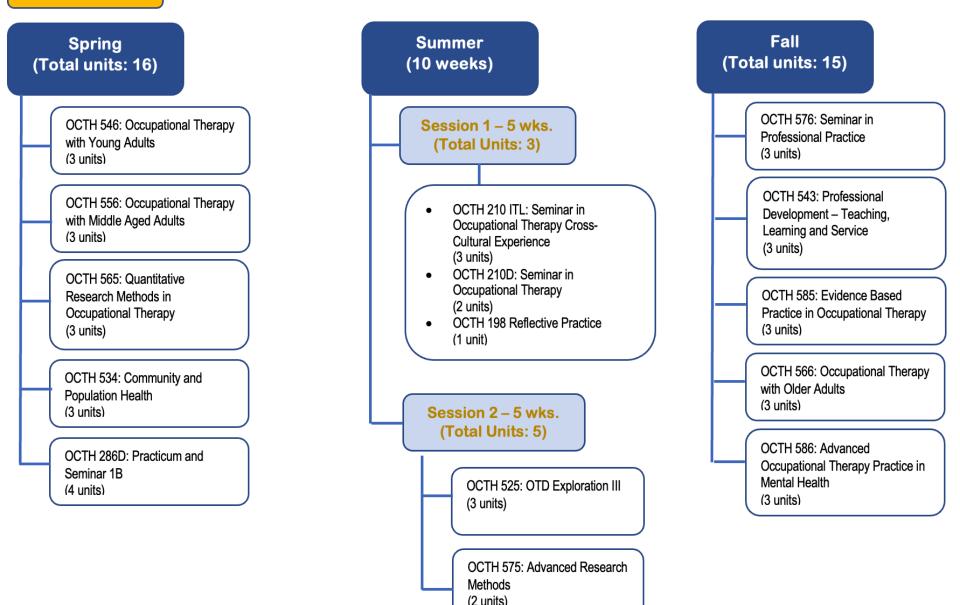
OCTH 222D: Kinesiology (3 units)



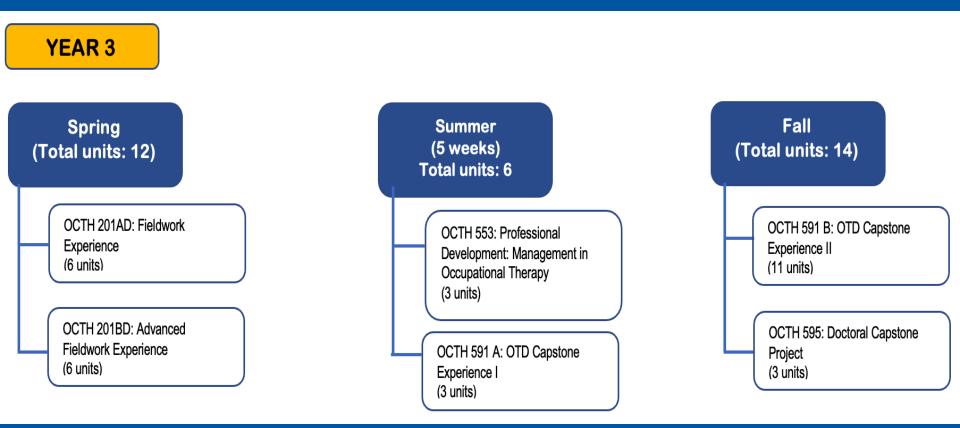
Fall (Total Units: 16) OCTH 555: Qualitative Research Methods in Occupational Therapy (3 units) OCTH 524: Occupational Therapy Practice in the Community (2 units) OCTH 526: Occupational Therapy with Children (3 units) OCTH 536: Occupational Therapy with Youth (3 units) OCTH 515: OTD Exploration II (2 units) OCTH 533: Professional Development: Leadership in Occupational Therapy (3 units)

Degree Roadmap-Year 2

YEAR 2



Degree Roadmap-Year 3



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Cost of the OTD Program

Tuition: \$9,114 (plus fees) per term (semester) for nine terms over the course of three years Fees: Determined by the University

Scholarships are available to students based on financial need (www.sjsu.edu/bursar/



Admission Criteria (MS&OTD)

- GPA of 3.0 or better in last 60 semester or last 90 quarter units.
- Completion of prerequisite courses with a B or better prior to entry into the program.
- 80 hours volunteer experience verified by "Evaluation of Volunteer Experience" form. 60 hours under the direct supervision of an OT/L and 20 hours in a community agency.



Admission Criteria (continued)

GRE (Required for OTD only)
 The following are preferred, but not required:
 GRE Verbal score of 153 and an Analytic
 Writing score of 4.0 on the GRE is highly
 recommended

GRE scores, GPA for prerequisite courses and for the last 60 units of coursework, will be considered in applicant ranking

OTCAS application & Personal Statement



Admission Criteria (continued)

Submission of three letters of recommendation attesting to academic ability, work performance record and personal attributes necessary for graduate study. <u>1 letter must be from an academic</u> <u>source (professor)</u>

*Remember: Letters of recommendation cannot be from someone who has completed the volunteer form



Minimum requirement for MSOT Application Submission

- Must complete at least 4 out of 8 of prerequisite courses with a B grade or better
- At least half of the volunteer hours must be completed at the time of application. Volunteer experience evaluation forms must be submitted. The person who completes the volunteer form cannot also submit a letter of recommendation
- Personal statement

All prerequisites and volunteer hours must be completed before the start of classes.



Prerequisite Courses

Human Anatomy with human cadaver lab*
Physiology with lab

- Neuroanatomy—Bio 109 @ SJSU is offered on campus Spring semester and OCTH 190 is offered online during the Summer
- General (Intro) Psychology
- Abnormal Psychology (Adult Psychopathology)
- Sociology OR Cultural Anthropology (General course)
 Statistics*
- Skills Course

* = Must have been taken in last 7 years



Prerequisite Courses

All prerequisite courses can be taken at a community college except for the Neuroanatomy course. There is a list of acceptable courses to meet this required on our <u>website</u>

Please contact us if you wish to find out if a particular course you took meets the criteria for our prerequisites.

**Include the course syllabus or description from the catalog



Admission Information

Applications are accepted once per year:
MSOT: October 1st through February 1st
OTD: July 1st through December 1st

• Students are conditionally accepted on a rolling admission basis



MSOT Admission Criteria Checklist

- ✓ Minimum GPA of 3.0 in last 60 semester or last 90 quarter units of coursework
- Completion of prerequisite courses with a B or better prior to entry into the program
- ✓ 80 hours volunteer experience
- OTCAS application & Personal Statement
- ✓ Letters of Recommendation (OTCAS)
- Application packet to the OT department
- ✓ GAPE application



Application Process

OTCAS OT Department CalState Apply/GAPE <u>https://www2.calstate.edu/apply</u>

You must complete the required paperwork for each of these



OTCAS-Occupational Therapy Common Application System

The following documents are submitted through OTCAS Application/Personal Statement Official Transcripts Letters of Recommendation

Apply early to OTCAS MSOT – Opens in July OTD – Opens in July



Occupational Therapy Department- SJSU

The following are submitted directly to the OT Department

- A copy of your application demographic page & personal statement from OTCAS
- Sealed Volunteer Evaluation forms with waivers
- Unofficial GRE scores



CSU Mentor/GAPE (Graduate Studies Admissions & Program Evaluations)

The following are submitted via Cal State Apply (https://www2.calstate.edu/apply) MSOT program opens October 1st; OTD program opens August 1st Application to the University Official Transcripts

This is a separate process from your application to the program and to the University (GAPE)

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Tips

- Investigate prerequisite courses at local colleges
- Begin the volunteer hours ASAP
- Start the application process early with OTCAS as it takes at least two weeks for them to verify your application.
- Applications are reviewed beginning October 1st for the MSOT Program and July1st for the OTD Program. Admissions are on a rolling basis. Timing is important!
- Choose referees carefully for the LOR (1 academic source is required). Let the person writing you letter know what you are applying for and what you would like them to emphasize.
- Prepare a thoughtful personal statement describing goals and objectives for pursuing a Master's or Doctorate degree in OT, include leadership experiences and future potential/plans (on application form).



For More Information:

Email us at: MSOT Program: <u>Gradadvisor-occupationaltherapy@sjsu.edu</u>

OTD Program: otdadvisor-occupationaltherapy@sjsu.edu

