

Old versus New MFT Experience Requirements

What changes were made to the experience requirements?

- The category of non-counseling experience is renamed non-clinical practice, the category maximum is increased from 1,000 to 1,250 and the sub-categories of administering and evaluating psychological tests, writing clinical reports, writing progress or process notes and client-centered advocacy are added to the category.
- The category maximum (500) for administering and evaluating psych tests, writing clinical reports, progress or process notes and client-centered advocacy is eliminated.
- The category maximum (500) for group therapy is eliminated.
- The category maximum (375) for telehealth is eliminated.
- Personal psychotherapy hours can no longer be claimed.
- Conjoint couples/family hours can no longer be double counted.
- Under the old requirements applicants must log a minimum of 1,500 hours of direction counseling. Under the new requirements this increases to 1,750 hours.

Comparison of New and Old Requirements

Option 1 – New Requirements	Option 2 – Old Requirements
Individual category maximums have been removed	Individual category maximums limit hours in some of the categories
Non-clinical hours have a max of 1,250	Non-clinical hours have a max of 1,500
The requirement for counseling hours is 1,750	The requirement for counseling hours is 1,500 (if you log 150 couples/family hours the requirement is actually 1,350)
Cannot double count any conjoint couples/family hours	Can double count up to 150 conjoint couples/family hours
Personal psychotherapy hours cannot be claimed	Up to 100 personal psychotherapy hours can be claimed and triple counted

Adapted from: <https://www.trackyourhours.com/newmftrequirements/>