

**San José State University
College of Social Sciences, Psychology Dept.**

**Psyc 110, Adult Psychopathology, Section 84,
Spring, 2022**

Course and Contact Information

Instructor: Ellyn Herb, Ph.D.
Office Location: Virtual
Telephone: 408-218-8265
Email: ellyn.herb@sjsu.edu
Office Hours: Mon. 5:30 to 6:00 p.m. and by appointment
Class Days/Time: Monday. 6:00 p.m. to 8:45 p.m.
Classroom: Online via Zoom.
Prerequisites: Psyc 1

Course Description

Nature, causes, assessment, and treatment of behavioral, emotional, and personality problems of adults. Emphasis on psychological, social, and biological determinants of human behavioral and psychological disturbance.

Course Learning Outcomes (CLO)

Upon successful completion of this course, students will be able to:

CLO1 - Discuss the importance of history and context when examining and classifying psychological disorders and their treatment.

Assessment of CLO1: Quizzes, final exam, written assignments, video write ups, vignette writing, group project, classroom activities, written assignments

CLO2 – Describe the major paradigms (biological, cognitive, behavioral, psychodynamic, and sociocultural) used in understanding etiology, assessment, classification, and treatment of psychological problems.

Assessment of CLO2: Quizzes, final exam, video write ups, vignette writing, group project, classroom activities, written assignments

CLO3 – Describe the role of science (with its varying methods) in the study of “normal” and “abnormal” behavior

Assessment of CLO3: Quizzes, classroom activities, Research article writeup

CLO4 –Identify the process of classification and explain its dependence on theoretical paradigms including the use of the current diagnostic system for psychopathology

Assessment of CLO4: quizzes, final exam, written assignments, vignette writing, group project, classroom activities, written assignments

CLO5 – Name different purposes of assessment of abnormal behavior, and to identify different modalities appropriate to these purposes

Assessment of CLO5: Quizzes, final exam, video write ups, classroom activities, Research article writeup

CLO6 – Identify different types of psychological, social, and biological interventions used in treating psychological problems and clinical disorders and the value of empirical evidence for those interventions.

Assessment of CLO6: Vignette writing, quizzes, final exam, written assignments, video write ups, group project, classroom activities, Research article writeup, written assignments

Program Learning Outcomes (PLO)

Upon successful completion of the psychology major requirements...

PLO1 – Knowledge Base of Psychology – Students will be able to identify, describe, and communicate the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.

PLO2 – Research Methods in Psychology – Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.

PLO3 – Critical Thinking Skills in Psychology – Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.

PLO4 – Application of Psychology – Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.

PLO5 – Values in Psychology – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Required Texts/Readings

Textbook:

Abnormal Psychology & Life, 3rd Edition by C. A. Kearney & T. J. Trull (2018). ISBN: 978-1-337-09810-6. Publisher: Cengage Learning

THIS IS A REQUIRED TEXTBOOK AND WE WILL BE USING IT IN CLASS MOST DAYS. E-BOOKS ARE FINE, BUT BE SURE AND HAVE IT FOR EACH CLASS. It is also OK to rent the book for the semester.

Recording Policies

Consent for Recording of Class and Public Sharing of Instructor Material

[University Policy S12-7](http://www.sjsu.edu/senate/docs/S12-7.pdf), <http://www.sjsu.edu/senate/docs/S12-7.pdf>, requires students to obtain instructor's permission to record the course.

- “Common courtesy and professional behavior dictate that you notify someone when you are recording him/her. You must obtain the instructor’s permission to make audio or video recordings in this class. Such permission allows the recordings to be used for your private, study purposes only. The recordings are the intellectual property of the instructor; you have not been given any rights to reproduce or distribute the material.”
- “Course material developed by the instructor is the intellectual property of the instructor and cannot be shared publicly without his/her approval. You may not publicly share or upload instructor generated material for this course such as exam questions, lecture notes, or homework solutions without instructor consent.”

PLEASE NOTE: Recordings of classroom activities (demonstrations, practicing skills, etc.) and copyrighted material (videos) are prohibited. If you wish to record lectures, please ask the instructor for permission prior to the start of the lecture.

University Policies

Per University Policy S16-9, university-wide policy information relevant to all courses, such as academic integrity, accommodations, etc. will be available on Office of Graduate and Undergraduate Programs' [Syllabus Information web page](http://www.sjsu.edu/gup/syllabusinfo/) at <http://www.sjsu.edu/gup/syllabusinfo/>

Canvas and E-Campus

All of this course will be on Canvas, a part of E-Campus, found on the SJSU web site. You are responsible for regularly checking this site for changes, additions to the syllabus and notes from the instructor. See <http://www.online.sjsu.edu> for more information regarding student use of Canvas.

Notes posted on the site are for your use but are not a substitute for attending class.

NOTE: STUDENTS ARE RESPONSIBLE FOR NOTIFYING THE INSTRUCTOR OF ERRORS AND OMISSIONS IN THE GRADE SECTION OF CANVAS. If you are missing a grade or a grade has been recorded incorrectly, students must notify the

instructor prior to the end of the semester. Once grades have been posted, no changes will be processed unless a clerical error has been made by the instructor.

Course Navigation

I have structured this course on Canvas with weekly Modules. Each Module includes learning objectives, reading assignments, lecture material, videos, course assignments, activities (both in class and outside of class), quizzes and Powerpoint slides. You should be able to navigate through the Modules using the “Next” button on your screen. Pay close attention to Due Dates for assignments.

Classroom Protocol

This syllabus is subject to change at the discretion of the instructor. You are responsible for assigned reading and participating in online discussions. No make-ups for quizzes unless prior arrangement with the instructor. Attendance is not mandatory, but highly encouraged. Should you happen to miss a class, you are welcome to obtain notes from a peer in the course. Also, please ask your peers in the course if you, “missed anything important,” and **do not ask the instructor**. It is important to mention that those students who regularly attend class tend to do significantly better in the course.

OFFICE HOURS: Generally, I am not sitting on Zoom waiting during office hours. In order to provide confidential communication, my preference is to schedule an individual time with you. This can be during the listed office hours for this class, or by appointment. I’m happy to meet with you on other days and times besides this specific class. Just email me for an appointment.

Professional Communication

The best way to contact me is to email me at Ellyn.herb@sjsu.edu. You can also leave a message on my phone, but generally email is the best. Phone number is 408-218-8265 I don’t respond to texts from students. Since I teach multiple courses on campus, please communicate the following information when you contact me:

Your full name, course name, section number and phone number where I can reach you. Please don’t use abbreviations (as in texting), as I might not understand what you are trying to say. You do not need to notify me if you will not be in class, however, if you know, in advance, that you will miss a class you can let me know.

NOTE: I do not accept assignments by email unless by prior authorization from the instructor or the assignment specifically states to use email (such as the Paper for Group Projects).

Personal Computer (Laptop Use)

Please try to use a computer to access Zoom for this class. Loaner computers are available on campus, as well as help getting access to the internet. Please be sure you have access to attend class. You can also access Zoom on your mobile phone, and may need to use it as a backup, but computer access will be better.

Classroom Netiquette

Please refer to the section on Canvas if you are unfamiliar with taking an online class. Information about Zoom, Netiquette and other resources are listed on Canvas.

Class Participation

In order to create an active learning environment, students are expected to attend class regularly, participate in class discussions, complete in-class assignments and come to class having read the assigned readings.

How does attendance and class participation help?

1. You will hear directly from the instructor about any changes in the course schedule or course requirements.
2. You have the opportunity to network with fellow students, which may be helpful in forming study groups, learning whom to work with on group projects and whom to turn to for notes if you miss a class.
3. Listening to lectures given in class enhances your learning. Research has also shown that taking notes by hand in class enhances learning course material. Even if you read your textbook, underline and take notes while reading, taking notes by hand, in class, can solidify your knowledge and grasp of the material.
4. Your instructor may get to know you better if you participate in class discussions, ask questions and generally become a part of the course climate. Also, asking and answering questions fosters learning for all students who are present.

SO, PLEASE COME TO CLASS PREPARED TO DISCUSS THE MATERIAL YOU HAVE READ, ASK QUESTIONS AND PARTICIPATE!

Course Requirements

“Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally three hours per unit per week) for instruction, preparation/studying, or course related activities,

including but not limited to internships, labs, and clinical practica. Other course structures will have equivalent workload expectations as described in the syllabus.”

Final Examination or Evaluation

“Faculty members are required to have a culminating activity for their courses, which can include a final examination, a final research paper or project, a final creative work or performance, a final portfolio of work, or other appropriate assignment.” Details of the final exam for this course will be discussed in class and posted on Canvas.

Assignments and Grading Policies

NOTE: All papers submitted must be typed (double-spaced) unless directed by your instructor to submit in another format. Word documents are preferred. If you use Google Docs, please convert your documents to PDFs.

Assignments:

- 1. Written Assignments –** There will be two homework projects (*Food Mood Log and Addiction Simulation Exercise*) that will be explained in class and on Canvas. Note the DUE DATES and please read additional information.

CL-01, CL-04, CL-06

25 points each = Total of 50 points

- 2. Quizzes –** Quizzes for this course will be found in the weekly Module sections of Canvas.. All quizzes are to taken ONLINE, on CANVAS.
CL-01, CL-02, CL-03, CL-04, CL-05, CL-06

4 quizzes @30 points = 120 Total points

SINCE QUIZZES ARE ACCESSIBLE ONLINE, THERE ARE NO MAKE-UPS. PAY ATTENTION TO TIME FRAMES!

- 3. Research Article Write Up –** Choose one diagnosis that you are interested in. Locate and copy a “peer-reviewed” Journal Article of your choosing that relates to the disorder you pick. Using the guidelines on Canvas, complete a written report on the article. You must include the complete reference so that I can access your article as I grade your paper. **CL-03, CL-05, CL06**

20 points Total

- 4. Vignette Writing** – For some of the chapters in the textbook, you will be working in small groups, during class, to create **Vignettes** related to the various disorders we are studying. This is an IN-CLASS assignment and you must be present to participate. I have worked out a way for this to happen over Zoom. Please see the INSTRUCTIONS on Canvas as submission for this assignment relies on one student taking a screen shot of the work and posting it!

CL-01, CL-02, CL-04, CL-05

3 vignettes @ 10 points each = Total 30 points

- 5. Group Project (Paper and Presentation)** – You will need to sign up for a group project on Canvas using the “People” tab on the left hand side. Each group will research the assigned topic, create a group presentation, and present it to the class on your assigned day. It is expected that you will consult peer reviewed journal articles, as part of this assignment, although you may also consult popular sources, as well. There are two parts of this assignment:

- a. Paper** - Your group will write a paper about your topic, clearly labeling each students' contribution. Your paper should provide information about your topic and include a page of references. **CLEARLY LABEL YOUR OWN SECTION WITH YOUR NAME.**
- b. Presentation** - use either Powerpoint or Google slides to create a presentation that you will share with the class via Zoom screen sharing. If you want to use Youtube, Kahoot, etc, just be sure you have the URLs in case embedded sites don't work!
- c. You need to email your paper and slide presentation the day of your presentation to me at ellyn.herb@sjsu.edu.**
- d. A grading rubric for this assignment (see Canvas) includes the aspects that I am looking for: professionalism, promptness, creativity, and clarity are encouraged.**

CL01, CL-02, CL-04, CL-06

60 points Total

- 6. Additional Assignments** - a variety of small written, video, discussion, group project feedback, etc. assignments are found throughout the modules for some weeks. Please read each module carefully before class for that week to see what is expected.

30 points total

- 7. Final Exam** – Using Vignettes created by students and the instructor, you will provide information regarding, classification, assessment, diagnosis and treatment of various mental disorders. This will be an online exam, posted on the first day of Final Exams.

CL-01, CL-02, CL-04, CL-05, CL-06

50 points Total

Extra Credit: See the Module on Canvas. Maximum Point for Extra Credit = 10

GRADING CRITERIA:

Written Assignments	50 points
Additional Assignments	30 points
Quizzes	120 points
Research Article writeup	20 points
Vignette Writing	30 points
Group Project	60 points
Final Exam	<u>50 points</u>

TOTAL POINTS **360 points**

GRADING SCALE:

A+	= 98 to 100%
A	= 93 to 97%
A-	= 90 to 92%
B+	= 87 to 89%
B	= 83 to 86%
B-	= 80 to 82%
C+	= 77 to 79%
C	= 73 to 76%

C-	=	70 to 72%
D+	=	67 to 69%
D	=	63 to 66%
D-	=	60 to 62%
F	=	below 60

Psyc 110, Adult Psychopathology, Section 84, Spring 2022

Course Schedule

<u>Date/Module</u>	<u>Topic/Readings</u>	<u>Activities</u>	<u>ASSIGNMENTS /DUE DATES</u>
Module Zero	Read Welcome and Quick Start Modules		
Module One 1/31/22	<i>Chapter 1 – Abnormal Psychology & Life</i> <i>Chapter 2 – Perspectives on Abnormal Psychology</i>	Review Syllabus Finding Scholarly Articles - in class	SIGN UP FOR A GROUP (before next class)
Module Two 2/7/22	<i>Chapter 3 – Risk & Prevention of Mental Disorders</i> <i>Chapter 4 – Diagnosis and Study of Mental Disorders</i>	Risk & Protective Factors Activity (in class) Prevention Activity (in class)	QUIZ #1 OPENS (ch. 1-4) Closes 2/13 Mental Health Stigma Paper DUE today
Module Three 2/14/22	<i>Chapter 5 – Anxiety, Obsessive Compulsive & Trauma Related Disorders</i>		Discuss Fear Hierarchy
Module Four 2/21/22	No readings for this week <i>Presentation feedback will always be due within 3 days of the presentation.</i> <i>Vignette writing will be due within 3 days of the in-class activity. You</i>	Group Presentation - Stress Management Vignette Writing (in class) Make copies before class <i>Mention Food/Mood Log</i>	Fear Hierarchy DUE today Presentation Feedback Form DUE 2/24 Vignette DUE 2/24

	<i>must be PRESENT to obtain credit.</i>		
Module Five 2/28/22	Chapter 7 – Depressive, Bipolar Disorders & Suicide	Group Presentation - Suicide Prevention <i>Mention Addiction Simulation</i>	QUIZ #2 OPENS (ch 5,7) Closes 3/6 Feedback Form DUE 3/3
Module Six 3/7/22	Chapter 8 – Eating Disorders	Group Presentation - Body Image Disturbance	Feedback Form DUE 3/10
Module Seven 3/14/22	Chapter 9 – Substance Related Disorders	Group Presentation - Drug/Alcohol Prevention	FOOD/MOOD LOG DUE today Feedback Form DUE 3/17
Module Eight 3/21/22	No readings this week	Group Presentation - Parenting Styles Vignette Writing (in class) Make copies before class	ADDICTION SIMULATION DUE today Feedback Form DUE 3/24 Vignette Discussion DUE 3/24
3/28/22 to 4/1/22	SPRING BREAK		
Module Nine 4/4/22	Chapter 10 – Personality Disorders	Group Presentation - Mindfulness/ Meditation	Research Article Write Up DUE today QUIZ #3 OPENS (ch. 8-10) Closes 4/10 Feedback Form DUE 4/7
Module Ten 4/11/22	Chapter 6 – Somatic Symptom & Dissociative Disorders	Group Presentation - Mental Health Stigma	Feedback Form DUE 4/14

Module Eleven 4/18/22	<i>Chapter 12 – Schizophrenia & Other Psychotic Disorders</i>	Group Presentation - Domestic Violence	Feedback Form DUE 4/21
Module Twelve 4/25/22	<i>Chapter 14 – Neurocognitive Disorders</i>	Videos	QUIZ #4 OPENS (ch. 6, 12, 14) Closes 5/1
Module Thirteen 5/2/22	<i>Chapter 11 – Sexual Dysfunction, Paraphilic Disorders & Gender Dysphoria</i>	Vignette Writing (in class) Make copies before class.	ALL EXTRA CREDIT DUE TODAY Vignette Discussion DUE 5/5
Module Fourteen 5/9/22	No readings this week Discussion of professions related to psychopathology	Group Presentation - Emotional Regulation Group Presentation – Effective Communication	Feedback Form DUE 5/12 Feedback Form DUE 5/12
Module Fifteen 5/16/22	No readings this week	Vignette Practice in Class (prepare for final exam)	
Online	Final Exam	See Canvas for details	