SAN JOSÉ STATE UNIVERSITY

DEPARTMENT OF PSYCHOLOGY PSYCHOLOGY

Psychology 142-01: PSYCHOLOGY OF ADOLESCENCE

Spring 2022 (Online)

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Please write PSY 142 on the subject line of your email

Allow one business day for me to respond

Office Hours: By appointment

Class Days/Time: TTh 10:30-11:45AM

(We meet on Tuesdays only via Zoom till further notice)

Classroom: Online

Zoom Link: https://us06web.zoom.us/j/86234167867

Course Description:

"Overview of common child and adolescent psychological disorders and developmental psychopathology addressing issues such as ethnicity, SES and gender differences throughout; The course focuses on DSM5 classifications, adaptive and maladaptive behaviors, risk and protective factors within the child, family and environment and developmental models."

Course Content Learning Objectives:

Upon successful completion of this course, students will be able to:

- **LO1** : Students will be aware of the special features associated with the presentation of psychological disorders in children and adolescents (e.g. the concerns regarding the child are presented through the lenses of the adult making the referral; some childhood problems such as autism take time to gradually unfold, etc.).
- **LO2**: Students will become aware of the impact of ethno-cultural beliefs, values, and practices on the conceptualization and expression of behavioral disorders in children, as well as of the impact of poverty and economic disadvantage on the well-being of children and adolescents.
- **LO3:** Students will be able to identify the types of information needed to be collected and assessed in order to make a diagnosis.
- **LO4:** Students will be familiar with the DSM-5 criteria for diagnosis of the major childhood psychological disorders, and will be able to provide diagnosis and differential diagnosis for hypothetical vignette cases.
- **LO5:** Students will understand the complexity associated with issues of etiology, and will be familiar with the current status of the major etiological models and the interactions among them.
- **LO6:** Students will be familiar with criteria that distinguish variations **of** normal development from deviations **from** normal development, as they apply to the understanding of childhood disorders.

GE Learning Objectives:
The GE Writing Requirement is met through the weekly writing assignments

that are posted on the instructor's website.

GE learning Outcomes

Upon the completion of this course students should be able to demonstrate

- GELO 1 A broad understanding of issues related to the social sciences
- GELO 2 An ability to communicate ideas effectively both in speaking and in writing
- GELO 3 The capacity for critical and creative thinking;
- GELO 4 The ability to assess information
- GELO 5 The ability for creative and critical thinking

Class activities linked to these outcomes are:

- The identification of the main questions asked by researchers in this area
- The examination of the multiple explanations provided to the questions
- The exploration of yet unknown issue waiting for subsequent research

Measurement of the course learning outcomes will be achieved via analysis of clinical vignettes for each disorder, midterms, and a cumulative final exam.

Program Learning Outcomes (PLO)

Upon successful completion of the psychology major requirement:

PLO1 – Knowledge Base of Psychology – Students will be able to identify, describe, and communicate the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.

PLO2 – Research Methods in Psychology – Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.

PLO3 – Critical Thinking Skills in Psychology – Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.

PLO4 – Application of Psychology – Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.

PLO5 – Values in Psychology – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society

Textbook (required) :

1. Mash, E, J. & Wolfe, D. A. (2018). Abnormal child psychology (7th edition). Cengage Learning. ISBN: 9781337815512 (Not a paperback book).

Faculty Web Page and MYSJSU Messaging

Copies of the course materials such as the syllabus, power-point slides, and other materials are available on canvas.

You are responsible for regularly checking canvas.

Classroom Protocol:

This course is based on the active participation of the student, and the main requirement is READING and ATTENDANCE. You are expected to read the assigned materials before class, so that the teacher can elaborate and expand. Because of time constraints it may not be impossible to cover all the segments of a given unit. However,

you are responsible for all the assigned reading, as the exams will include questions from ALL the parts of the unit. We will cover one chapter per week, and follow the sequence of the textbook, chapter-by-chapter.

Review sessions: Approximately every few weeks we will have review session for the previously studied material. We will divide into groups, led by students. Your participation is highly encouraged.

Attendance:

Your regular attendance and participation are factors contributing to the successful completion of this course. If you do not attend class you will miss on the opportunity to ask questions and to get clarifications. In addition, **please make all effort to come to class on time**.

NOTE that University policy F69-24, "Students should attend all meetings of their classes, not only because they are responsible for material discussed therein, but because active participation is frequently essential to insure maximum benefit for all members of the class. Attendance per se shall not be used as a criterion for grading."

Definition of a Credit Hour

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of forty-five hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, clinical practica. Other course structures will have equivalent workload expectations as described in the syllabus.

As an example, the expectation of work for a 3-credit course is 150-minutes of direct faculty instruction and six hours of out-of-class student work each week.

Distractions:
You cannot surf the Internet, text-message, check your messages or respond to cell-phone during class.

Teacher Availability:

Do not hesitate to e-mail me or to come by with questions. **As my goal is for every student to succeed in my class, if you have not done well on any of the tests, please come to see me ASAP**.

Dropping and Adding:

Students are responsible for understanding the policies and procedures about add/drops, academic renewal, etc. Information on add/drops are available at http://info.sjsu.edu/web-dbgen/narr/soc-fall/rec-298.html. Information about late drop is available at http://www.sjsu.edu/sac/advising/latedrops/policy/ **.** Students should be aware of the current deadlines and penalties for adding and dropping classes.

Exams

We will have 2 midterms, 3 online class activity, and 1 final. Each midterm will consist of 50 multiple-choice questions. Each question is worth 2 points.

The 2 mid-terms and 3 online class activities are taken on Thursdays (check the schedule of the class at the end of the syllabus).

Each Midterms exams worth 20% of the final grade (40% total for both of the midterms) while the final exam worth 25% of the final grade. **Final will be cumulative. There is absolutely NO MAKE UP for missed final exam.**

Writing Project

Writing Assignment: Exact guideline about the paper will be given later on during the semester. **There will be 50% deduction for the papers that are turned-in late even by a day**. The papers that are turned in after one week are not accepted anymore. This paper is a 12-15 pages. References must be scientific or peer reviewed articles (no personal blogs, pages, or opinions) found on PsychInfo etc.

Class Activity: There is no make up for the class activity. The class activity is posted ONLINE on the day of **(on Thursdays: for specific days, please refer to the class schedule table at the end of this syllabus).** You have the full day to complete it. **There is absolutely NO MAKE UP for missed class activity and emails in this regard will not be responded unless for medical condition.**

Assignment	*How Many?*	*Percentage (total)*
2 Midterms (40% of the final grade)	2	40% (20% each)

1 Final Exam (25%)	1	25%
Writing Assignment (20%)	1	20%
Online Class Activity	3	15% (5% each)

Grading: The following grade scale will be used.

A+ (96-100%)	B+ (86-89%)	C+ (76-79%)	D+ (66-69%)	F (0-59%)
A (93-95%)	B (83-85%)	C (73-75%)	D (63-65%)	
A – (90-92%)	B - (80-82%)	C - (70-72%)	D - (60-62%)	

Exam Dates:

Midterm 1: **Tuesday March 8th at 10:30AM (closed book/closed note)**
Midterm 2: **Thursday April 21st at 10:30AM (closed book/closed note)**
Final Exam**: Friday May 20th at 9:45AM (closed book/closed note)**

Online Class Activity:

- **Thursday Feb 10th. (ALL DAY)**
- **Thursday March 24th (ALL DAY)**
- **Thursday April 14th (ALL DAY)**

Covid-19 Pandemic Rules

As the results of Covid-19 pandemic, all classes are online. Therefore, all the classes and exams are going to be conducted through canvas. **We will meet every Tuesday, not Thursday.**

It is very important that we keep our honesty and integrity. Our relationship is based on trust and respect. Therefore, please do not use the class materials such as the book or slides for any of the exams. **The exams are all closed book.**

Missing Exams

There will be no make-up exams except in the case of death or serious illness, which requires legitimate documentation.

Classroom Protocol

These policies are intended to promote a good learning environment.

Please Turn Off Your Cell Phones during the zoom class time

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Please place yourself on "Mute" to not disturb others who are on the zoom call

<u>Please do not:</u>

- Text, talk, tweet, post status updates, etc. on your phone during class.
- Use your laptop to play games, chat, socialize, or surf the Internet during class.
- Hold side conversations that distract the rest of the class.

University Policies

Academic integrity

Students should know that the University's Academic Integrity Policy is availabe at http://www.sa.sjsu.edu/download/judicial_affairs/Academic_Integrity_Policy_S

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07-2.pdf. Your own commitment to learning, as evidenced by your enrollment at San Jose State University and the University's integrity policy, require you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The website for Student Conduct and Ethical Development is available at http://www.sa.sjsu.edu/judicial_affairs/index.html.

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include in your assignment any material you

have submitted, or plan to submit for another class, please note that SJSU's Academic Policy F06-1 requires approval of instructors.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the DRC (Disability Resource Center) to establish a record of their disability.

Student Technology Resources

Computer labs for student use are available in the Academic Success Center located on the floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library.

A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include digital and VHS camcorders, VHS and Beta video players, 16 mm, slide, overhead, DVD, CD, and audiotape players, sound systems, wireless microphones, projection screens and monitors.

Learning Assistance Resource Center

The Learning Assistance Resource Center (LARC) is located in Room 600 in the Student Services Center. It is designed to assist students in the development of their full academic potential and to motivate them to become self-directed learners. The center provides support services, such as skills assessment, individual or group tutorials, subject advising, learning assistance, summer academic preparation and basic skills development. The LARC website is located at http:/www.sjsu.edu/larc/.

SJSU Writing Center

The SJSU Writing Center is located in Room 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. The Writing Center website is located at http://www.sjsu.edu/writingcenter/about/staff//.

Peer Mentor Center

The Peer Mentor Center is located on the floor of Clark Hall in the Academic Success Center. The Peer Mentor Center is staffed with Peer Mentors who excel in helping students manage university life, tackling problems that range from academic challenges

to interpersonal struggles. On the road to graduation, Peer Mentors are navigators, offering “roadside assistance” to peers who feel a bit lost or simply need help mapping out the locations of campus resources. Peer Mentor services are free and available on a drop –in basis, no reservation required. Website of Peer Mentor Center is located at http://www.sjsu.edu/muse/peermentor/

PSYC 142 Child Psychopathology Spring 2022 Course Schedule

The list presents the sequence of topics. The actual schedule is subject to change with fair notice announced in class.

Date	**Topics, Readings, Assignments, Deadlines**
Feb 1st	Introduction
Fen 8th	Chapter 1
Thursday Feb 10th	Online Class Activity
Feb 15th	Chapter 2
Feb 22nd	Chapter 3
March 1st	Chapter 4
March 8th	**Exam #1**
March 15th	Autism Spectrum Disorder
March 22nd	Autism Spectrum Disorder
Thursday March 24th	Online Class Activity (Article Review)
March 28th – April 1st	Spring Break (No classes)
April 5th	ADHD
April 12th	Intellectual Disability
Thursday April 14th	Online Class Activity
April 19th	Conduct Disorder
	Exam #2

Thursday April 21st	
April 26th	Depression
Thursday April 28th	Review of papers
May 3rd	Anxiety
Thursday May 5th	Review of papers
May 10th	Eating Disorder
Monday May 23rd	**Writing Project Due at midnight (12:00AM)**
Friday May 20th at 9:45AM	**Final Exam (Cumulative)**