San José State University
Department of Psychology
Psyc 1, Introduction to Psychology, Section 01, Spring 2026

(*SJSU Studies Category: GE-D1 Social Sciences*)

Instructor:	Patrick F. Cravalho, PhD
Email:	patrick.cravalho@sjsu.edu
Office Location:	Dudley Moorhead Hall, Room 232
Student Drop-in Hours:	In-person AND Zoom on Tuesdays & Thursdays from 5pm to 6pm (Zoom link: https://sjsu.zoom.us/j/82477824064) OR email me to set up a Zoom appointment on a Monday or Wednesday. **NOTE**: for drop-in hours or appointments on Zoom, you need to use your SJSU Zoom account to join the meeting.
Class Days/Time:	Held in-person on Mondays & Wednesdays, from 10:30am to 11:45am.
Classroom:	Sweeney Hall (SH), Room 100

Course Description

Study of subfields and topics of psychology including, but not limited to, psychological research, perception, cognition, learning, human development, & personality; designed to give insight into oneself and others.

Email Communication

Please send all email communications to patrick.cravalho@sjsu.edu and include "Psyc 1" in the subject line. **Please do NOT message me through Canvas.** Also, please write separate emails for communicating different topics, rather than writing about multiple topics in one email. Following these guidelines will ensure I'm able to read and reply to your message(s) as quickly as possible.

Checking your SJSU email regularly

If I need to contact you, but I have not received any prior email communication from another one of your email accounts, I will contact you via your sjsu.edu email address. Therefore, please regularly check your sjsu.edu email address or have it forwarded to the email that you do check regularly.

Checking Canvas regularly

I will regularly post materials, assignments, information, etc. on our Psyc 1 Canvas page. Please be sure to regularly check our Psyc 1 Canvas page.

General Education Learning Outcomes (GE-LOs)

Upon successful completion of this course, students will be able to:

    1. demonstrate understanding of the ways in which social institutions, culture, and environment shape and are shaped by the behavior of individuals, both past and present.

    2. compare and contrast the dynamics of two or more social groups or social systems in a variety of historical and/or cultural contexts.

    3. place contemporary social developments in cultural, environmental, geographical, and/or historical contexts.

    4. draw on social/behavioral science information from various perspectives to formulate applications appropriate to historical and/or contemporary social issues.

Course Learning Outcomes (CLO)

Upon successful completion of this course, students will be able to:

1. *Students shall be able to identify and analyze the social dimension of society as a context for human life, the processes of social change and social continuity, the role of human agency in those processes, and the forces that engender social cohesion and fragmentation.*

This objective is met through material presented in Chapters 2, 3, 5, 14 in Feist & Rosenberg (2022), lectures, and multimedia presentations (e.g., films/videos, internet activities/assignments). General topics addressed: sensing, organizing, identifying, and recognizing; reality, ambiguity, and illusions; sensory knowledge of the world; organizational processes in perception; identification and recognition processes; cognitive development across the lifespan, acquiring language, social development across the lifespan, gender development, moral development, learning to age successfully; constructing social reality, attitudes, attitude change and action, prejudice, social relationships; the power of the situation; roles and rules, social norms, conformity, situational power; altruism and prosocial behavior; aggression, evolutionary perspectives, individual differences, cultural constraints; obedience to authority, and the psychology of conflict and peace.

2. *Students will be able to place contemporary developments in cultural, historical, environmental, and spatial contexts.*

This objective is met through material presented in Chapters 1, 2, 5, 10, 15, and 16 in Feist & Rosenberg (2022), as well as material presented in lectures and multimedia presentations (e.g., films/videos, internet activities/assignments). General topics addressed: evolution of modern psychology, historical foundations, and current cultural perspectives; the processes of research, psychological measurements, historical and current ethical issues in human and animal research; analyzing psychological research with descriptive and inferential statistics, becoming a wise consumer of research; intelligence and intelligence assessment, basic features of formal assessment, the origins of intelligence testing, the history and politics of intelligence testing, heredity and IQ, environments and IQ, culture and the validity of IQ tests; the nature of psychological disorders, deciding what is normal, historical perspectives of mental illness, etiology of psychopathology, the stigma of mental illness; the therapeutic context, goals and major therapies, historical and cultural contexts, treatment evaluation and prevention strategies, therapies and brain activity.

3. *Students will be able to identify the dynamics of ethnic, cultural, gender/sexual, age-based, class, regional, national, transnational, and global identities and the similarities, differences, linkages, and interactions between them.*

This objective is met through Chapters 3, 5, 7, 8, 9, 10, 11, 12, 14, and 15 in Feist & Rosenberg (2022), lectures, and multimedia presentations (e.g., films/videos, internet activities/assignments). General topics addressed: the biological and evolutionary bases of behavior, heredity and behavior, evolution and natural selection, variation in the human genotype, biology and behavior; cognitive processes, studying cognition, discovering the processes of mind, mental processes and mental resources, language use, language production, language understanding, language, thought and culture, visual cognition, problem solving and reasoning; judgment and decision making; physical development across the life span, cognitive development across the life span, perceiving speck and perceiving words, learning word meanings, acquiring grammar, social development across the life span, gender development, sex and gender, the acquisition of gender roles, gender and cultural perspectives on moral reasoning, learning to age successfully; functions of motivational concepts, sources of motivation, sexual behaviors, nonhuman sexual behaviors, human sexual arousal and response, the evolution of sexual behaviors, sexual norms, homosexuality, motivation for personal achievement, need to achievement, attributions for success and failure, work and organizational psychology; understanding human personality.

4. *Students will be able to evaluate social science information, draw on different points of view, and formulate applications appropriate to contemporary social issues.*

This objective is met through material presented in Chapters 2, 6, 10, 13, and 16 in Feist & Rosenberg (2022), lectures, and multimedia presentations (e.g., films/videos, internet activities/assignments). General topics addressed: analyzing psychological research, descriptive statistics, inferential statistics, becoming a wise consumer of statistics; the study of learning, evaluating the effectiveness of different learning procedures, the experimental analysis of behavior, observational learning; basic emotions and culture, functions of emotions, stress of living, physiological stress reactions, psychological stress reactions, coping with stress, health promotion, personality and health, job burnout and the health-care system.

5. *Students will be able to recognize the interactions of social institutions, culture, and environment with the behavior of individuals.*

This objective is met through Chapters 14, 15, and 16 in Feist & Rosenberg (2022) and lectures, and multimedia presentations (e.g., films/videos, internet activities/assignments). General topics addressed: the power of the situation, altruism and prosocial behavior, the psychology of peace and conflict; constructing social reality, attitudes and attitude change, prejudice, social relationships; deciding who is abnormal, the problem of objectivity in defining abnormal behaviors, classifying psychological disorders, the etiology of psychopathology, anxiety disorders (types and causes), mood disorders (types and causes), gender differences in depression, suicide, psychological disorders in childhood, schizophrenic disorders, the stigma of mental illness.

Materials

1. The required textbook for this course is the electronic form (e-book) of *Psychology: Perspectives & Connections with Connect Plus (2022, 5th edition)*, Feist & Rosenberg, McGraw-Hill (**ISBN-978126410806-0**). Do NOT purchase a hardcopy of the book. The great news is that you have automatic access to the book today on Canvas and McGraw-Hill Campus (Connect). This is called "First Day". You get charged by bursars office after drop deadline, February 17th. You automatically have access to the course materials on day one without entering a code or being charged upfront. Buy nothing else. After the add drop period, your bursar account will be billed at a discounted rate for the required course materials representing significant savings for you as the student. If you choose to not have your account be billed, you must "opt out" before the required deadline. If you do not opt out, you will be charged. We highly recommend you do not opt out if you are going to continue in this course because this is the lowest cost available for this product. After you have paid for the product, you will have access for the remainder of the term. To access our Smart e-book, go to Canvas and then MCGRAW-HILL CONNECT and follow the links.

NOTE 1: If you run into any technical difficulties, please call McGraw-Hill's Customer Experience Group by dialing 1(800) 331-5094 or submit the "Contact Us" form found online at www.mhhe.com/support.

NOTE 2: If you have questions about the First Day program, please visit the Barnes & Noble Customer Care website or contact them via email (bookstorecustomercare@bncollege.com) or phone (1-844-932-6657).

2. Laptop/desktop/tablet computer, and Internet access. SJSU has a free equipment loan program for students: https://www.sjsu.edu/learnanywhere/equipment/index.php.
3. Access to Google documents, sheets, & slides or to Microsoft Word, Excel, & PowerPoint or to Apple Pages, Numbers, & Keynote. **NOTE**: SJSU students can utilize Microsoft Word, Excel, and PowerPoint online for free (see https://www.sjsu.edu/it/services/collaboration/software/instructions.php).

Library Liaison: Christa Bailey (christa.bailey@sjsu.edu). Libguide: http://libguides.sjsu.edu/psychology.

Student Athletes

If you are a student athlete, please inform me at the beginning of the semester of any team obligations. If there are any conflicts between your obligations and class participation/assignments, we may need to figure out alternative arrangements for you to participate or complete an assignment.

Classroom Protocol

This is an in-person class. Therefore, lectures will not be broadcast or recorded on Zoom, as it is university policy (F69-24; http://www.sjsu.edu/senate/docs/F69-24.pdf) that students should attend all meetings of their classes. (**Note**: there are no points/grades associated with class attendance or participation.) Arrive to class on time. Arriving late disrupts other students and interferes with the continuity of the lectures and class activities. If you cannot avoid being late, please enter the class through the least noticeable door and quietly take a seat. Do not start a conversation to catch up on information you missed. Leaving early is equally disruptive. However, if you must, please leave through the least noticeable door. If you miss a class, you are responsible for contacting your instructor to inquire about the information you missed from that class. Food and drinks are permitted during class, but you must be sure that your space is clean when you leave the classroom.

Your attention is expected during class. Therefore, phones, music players, etc. are not allowed to be used during class (i.e., all devices should be put away and set to not make any noise) so that one stays focused on our class discussions. If you are using your phone or another device during class, you may be asked to put it away. If you are using your phone or another device repeatedly after being asked to put it away, you may be asked to leave. In addition, do not sleep, carry on conversations, or work on course material (including studying or reading for other classes) during class. These rules are not only so you will not distract yourself, but also so you will not distract your classmates or your instructor. Be polite and respectful to your classmates and to your instructor.

Laptops/Tablets

Laptop use will NOT be allowed during lecture, class discussions, or during most in-class activities. Paper & pencil note-taking or tablets with simulated note-taking will be allowed in class. If you choose to use a tablet for note-taking, connecting to the internet during class time to check email, visit social networking sites, surf the web, etc. is NOT allowed. If you are seen engaging in any tablet activity other than note-taking, your tablet privileges will be revoked for the remainder of the semester.

[Diversity](#) Statement

I am committed to supporting the academic success and well-being of every student. Our classroom will be an inclusive and welcoming space. We will create a safe and diversity-sensitive learning environment that respects the rights, dignity, and welfare of all students, faculty, and staff. Diversity means the fair representation of all groups, the inclusion of minority perspectives and voices, and appreciation of different cultural and socioeconomic group practices. We will aspire to foster and maintain an atmosphere that is free from discrimination, harassment, exploitation, or intimidation. Below are links to a few related campus resources.

LGBTQ+ students: https://www.sjsu.edu/pride/

Students who are parents: https://www.sjsu.edu/sjsucares/resources/parenting-students.php

Student Involvement (e.g., student organizations, resources, etc.): https://www.sjsu.edu/getinvolved/

Undocumented students: https://sjsu.edu/undocuspartan/

Course Requirements and Assignments

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally three hours per unit per week) for instruction, preparation/ studying, or course related activities, including but not limited to internships, labs, and clinical practice. Other course structures will have equivalent workload expectations as described in the syllabus. More details about student workload can be found in [University Policy S16-9](#).

Course Goal Assignments (covers CLO 4)

You will create a goal for our Psyc 1 course and then follow up on whether or not you achieved your goal at the end of the course. These two brief assignments are worth a total of 5 points.

Smartbook Quizzes (covers GE-LOs 1/2/3/4 & CLOs 1/2/3/4/5)

There will be thirteen multiple-choice quizzes covering the textbook chapters, worth a total of 130 points. Students are responsible for ensuring that they have access to reliable Wi-Fi during quizzes. If you will not have reliable Wi-Fi for a quiz, inform the instructor as soon as possible in order for an alternative plan to be made. See the following link for current Wi-Fi options on SJSU campus: https://www.sjsu.edu/learnanywhere/equipment/index.php

Make-up Quizzes

It is very important to stay up-to-date on the quiz due dates by following the schedule below. Each quiz will remain open for 24 hours past the due date, but if you complete a quiz during that time period then 15% will be deducted from your quiz point total. If you have a legitimate reason for missing a quiz and need to take it after it was due, you are permitted to make-up the quiz without the 15% off penalty *only if* you email me as soon as you can to alert me that you will miss the quiz due date. You will need to let me know your reason for missing the quiz. Also, if you know ahead of time that you will have to miss a quiz due date, contact me well before the quiz is scheduled to open so we can figure out the best time for you to make up that quiz.

Newsflash Assignments (covers GE-LOs 1/2/3/4 & CLOs 1/2/3/4/5)

You will complete ten newsflash assignments via Canvas submission. These assignments are worth a total of 50 points (5 points each) & will extend the learning of our weekly topics to real-world examples.

In-class Assignments (covers GE-LOs 1/2/3/4 & CLOs 1/2/3/4/5)

You will complete seven assignments during class via paper & pencil submission. These assignments are worth a total of 35 points (5 points each) & will support learning of our weekly topics. If you have a legitimate reason for missing a class, you may be permitted to make up an in-class assignment. However, you will need to contact your instructor as early as possible to let them know your reason for missing class, especially if you know you'll be missing class ahead of time. Then we can figure out your timeline for making up the assignment. If you miss the class due to extenuating circumstances, you will have to contact your instructor within the first 24 hours after the class to communicate about your situation.

Community Event Assignment (covers CLO 5)

You will attend an event, either at San José State University (SJSU) or within the San José community and then write a short reflection on your experience. This assignment is worth 12 points.

You only need to attend one event and you have many options, including many events on campus. SJSU has a [webpage listing community events geared towards students](#). These include performances at the Hammer theater, library, etc. Another type of event listed in the campus calendar are SJSU sporting events. [Students can attend ANY SJSU sports event for free with their tower card](#). There are men's & women's basketball games, plus women's gymnastics & swimming/diving events on campus this spring. Basketball plays at the event center, gymnastics are held in the spartan complex & the event center, & swimming/diving is held at the SRAC pool. So these sports are the easiest to attend for those who already live on campus & for commuters who can stay after classes. There are also men's baseball, women's softball & tennis who play on the field & courts on south campus (less than a mile drive from campus). There are a handful of other sports in season (e.g., golf, track & field), but these may be harder to attend since they don't play on main or south campus. Please see the [SJSU Athletics website](#) for more information on where & when our sports teams play.

In addition, there are many websites listing San José community events unrelated to SJSU. There is the [city government's event page](#), the [visit SJ event calendar](#), the [SJ downtown page](#) and other such calendars which you can find though a web search.

To prove that you attended the event, you will need to upload a picture of either your ticket to the event or a picture of you at the event. In addition, you will need to submit a one paragraph (3-5 sentences) describing your experience at the event.

Writing Assignments (covers GE-LO 4 & CLOs 1/2/3/4/5)

This will be two short writing assignments worth a total of 50 points, one analyzing a fake news article and another outlining a psychology research article. Plagiarizing or using AI on your writing assignments will result in a failing grade. More details regarding the structure of these assignments will be provided in class.

Assignment Late Submission Policy (Course Goal, Newsflash, Community Event, Writing Assignments)

It is very important to stay up-to-date on the assignment due dates by following the schedule below. For each day an assignment is submitted past the due date, 10% will be deducted from your grade. For most of the assignments, on the 10th day past the due date, submissions will no longer be accepted (i.e., 9-day window for late work). However, for the Course Goal Follow-up assignment, submissions will no longer be accepted on the 8th day past the due date (i.e., 7-day window). There is no late window for the community event assignment, research participation, or the Article Outline. Most assignments are set to allow you two submissions, but only the most recent submission turned in before the deadline will be graded. Any submission that comes after another submission has been graded, will not be graded (i.e., no resubmissions are allowed). If you have multiple submissions for a newsflash assignment, your grade will be the average of those submissions.

Assignment Make-up Policy (Course Goal, Smartbook Quizzes, Newsflash, Writing Assignments)

If you have a legitimate reason for missing an assignment due date, you may be permitted to make up that assignment without the late submission penalty. However, you will need to contact me as early as you can to let me know your reason for missing the assignment, especially if you know you'll need an extension ahead of the due date. Then we can figure out your timeline for making up the assignment. If you miss the assignment due to an unanticipated reason, please contact me within the 24 hours after the assignment was due.

Department of Psychology Research Participation

An important part of the educational experience of Psyc 1 is not only learning about important facts and findings from scientific research in psychology but also serving as a participant in research in psychology. Broad exposure to a variety of research methodologies (experiments, correlational studies, lab studies, online studies, etc.) will provide experiential knowledge for students. This experience contributes to **Course Learning Objective 4**, as well aligning with **Program Learning Outcome 2** (Research Methods in Psychology).

Thus, it is mandated for Psyc 1 courses that each student obtain a certain number of hours as a participant in research studies in the department. Research participation will count towards your course grade.

You can view available studies offered by the psychology department and sign up for the research participation on the SONA online system: https://sjsu.sona-systems.com/

Details on how to set up an account in SONA in order to participate in research is included in the distributed handout and on the psychology department's website: https://www.sjsu.edu/psych/resources/research-pool.php

There are several requirements by the department in order to receive full credit for research participation:

1) All students should complete at least one hour of their required research hours by Sunday, March 1st.

2) Half of your research credit participation or 2 credit hours of your 4 hours must be in-person lab studies. Lab studies are studies that require your physical attendance at an experiment held on campus, as opposed to online studies that include virtual participation in research.

3) Research participation will be treated as a course assignment worth 6% of the final course grade (i.e., 18 points). But to obtain the full 6%, you will need to complete 4 hours of research participation. Anything less than 4 hours will result in less than 6%. (1.5% per hour):

- If you elect to not participate in research, you can consider the alternative assignment option for full or partial credit for your research hours. Please see the distributed handouts on the alternative assignment for details on the requirements.
- All research hours and alternative assignments must be completed by Monday, May 11th.

Department of Psychology Policy for Awarding Research Hours for Partial Completion

For psychology students at SJSU, research participation is a requirement for completion of the Introduction to Psychology course. However, it is the view of the department that **proportional credit** can be given in that points awarded should be commensurate with the effort expended by participants in studies.

Consistent with IRB ethical guidelines, participants can always elect to withdraw from a study for any reason. In these cases, credit will be granted in proportion to the amount of the study completed, with a minimum credit of 0.25 hours.

In cases where participants complete a study unreasonably quickly, credit will be granted in proportion to the amount of the study completed, with a minimum credit of 0.25 hours.

Artificial Intelligence (AI) Policy

This policy covers any generative AI tool (e.g., ChatGtP, Grammarly) used to produce text, artwork, graphics, video or audio. You are NOT allowed to use AI tools for quizzes, assignments or extra credit opportunities UNLESS given direct permission from your instructor to do so. You may use AI tools to help generate ideas, but note that the material generated by these programs may be inaccurate, incomplete, or otherwise problematic as AI tool use may stifle your independent thinking and creativity. Please contact your instructor if you are unsure or have questions BEFORE using AI for this class. If after discussion with your instructor, AI is permitted to be used, you must indicate what part of the assignment was created by AI and what was created by you & no more than 20% of an assignment should be created with AI. Any AI tool use without the permission of the instructor will be counted as plagiarism. *AI policy was revised from policies by Sandy Fyfe and Holly Fernandez-Lynch.*

Extra Credit Opportunities (covers GE-LOs 1/2/3/4 & CLOs 1/2/3/4/5)

A total of fifteen extra credit points may be added to your final point total if you take advantage of the following opportunities. Fifteen points is a substantial amount (i.e., 5% of your final grade), ***but the points must be earned and are being made available to encourage effective learning habits.***

The first set of opportunities will be to earn eight points for visiting the SJSU Writing Center and completing your writing assignments early. If you visit the SJSU Writing Center to receive help on one or both of your writing assignments, you can earn up to four points (i.e., two points per visit, up to two visits). To make an appointment with the SJSU Writing Center, or to check their drop-in hours, visit their website: http://www.sjsu.edu/writingcenter. Also, please feel free to refer to the online resources offered through the Writing Center. To prove that you visited the Writing Center, you'll have to ask the tutor to email your instructor to verify you worked on the paper with them. You Writing Center visits also need to happen at least 48 hours before the paper is due to count towards the extra credit. If you submit the Fake News and Article Outline writing assignments early, you can earn up to four points (i.e., two points for the Fake News assignment, two points for the Article Outline assignment). Specifically, you must submit each of these assignments two days early. For example, your **Fake News Writing Assignment** is due by 11:59pm on Friday (3/13), so you must turn it in before 11:59pm on Wednesday (3/11) for it to count as two days early. These points are tiered if you do not visit the Writing Center twice and/or you don't turn in both writing assignments early (i.e., you can earn a portion of the eight extra credit points). ***These opportunities are meant to encourage you to seek help with your writing assignments and to complete them early instead of procrastinating.***

The second set of opportunities will be to earn four points for completing your community event assignment & research participation hours early. Specifically, you must complete these assignments by Saturday (4/11; i.e., a month before they are due). You can earn two points for completing each of these assignments early. These points are also tiered (i.e., you only earn two points if you complete only one of these assignments by the early deadline). ***These opportunities are meant to encourage you to complete your community event attendance & research participation early instead of procrastinating.***

The final opportunity is to earn three points for submitting **ALL seven in-class assignments**. You can still earn all three points with having up to three excused absences on days we have in-class assignments. ***This opportunity is meant to encourage you to come to every class and learn as much as you can.***

Grading Policy

Your grade will be based on the total amount of points (300 possible points) you receive from course goal assignments (5 points), quizzes (130 possible points), newsflash assignments (50 possible points), in-class assignments (35 points), community event assignment (12 points), writing assignments (50 possible points), and research participation (18 possible points). Below is a breakdown of the amount of points needed to earn the specified letter grades. (***NOTE***: Individual quiz and assignment totals may change over the course of the semester causing a change in the total amount of points.) You have the right, within a reasonable time, to know your academic scores, to review your grade-dependent work, and to be provided with explanations for the determination of your grades. See University Policy F13-1 for more details.

300+ = A+ (100%)	278-299 = A (~93-99%)	269-277 = A- (~90-92%)	
263-268 = B+ (~88-89%)	248-262 = B (~83-87%)	239-247 = B- (~80-82%)	
233-238 = C+ (~78-79%)	218-232 = C (~73-77%)	209-217 = C- (~70-72%)	Less than 178 = F
203-208 = D+ (~68–69%)	188-202 = D (~63–67%)	179-187 = D- (~60–62%)	(~59% or less)

Links to University Policies

General Expectations, Rights and Responsibilities of the Student

Students are encouraged to familiarize themselves with SJSU's policies and practices via University Policy S90–5 (http://www.sjsu.edu/senate/docs/S90-5.pdf). More detailed information on a variety of related topics is also available in the SJSU catalog (http://info.sjsu.edu/web-dbgen/narr/catalog/rec-12234.12506.html).

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness (http://info.sjsu.edu/static/catalog/policies.html). Add/drop deadlines can be found on the current academic year calendars document (http://www.sjsu.edu/provost/services/academic_calendars/). The Late Drop Policy is available at http://www.sjsu.edu/aars/policies/latedrops/policy/**.** Information about the latest changes and news is available at the Advising Hub at http://www.sjsu.edu/advising/.

Consent for Recording of Class and Public Sharing of Instructor Material

University Policy S12-7, http://www.sjsu.edu/senate/docs/S12-7.pdf, requires students to obtain instructor's permission to record the course. **Therefore, neither recording of class lectures or discussions nor distribution of course materials are allowed. Failure to follow this policy will be considered a violation of course academic integrity policy and will result in immediate expulsion from the class, a grade of F in the course, and reporting the student to the University and proper authorities for further sanctions.**

Academic integrity

The University Academic Integrity Policy S07-2 at http://www.sjsu.edu/senate/docs/S07-2.pdf requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development (http://www.sjsu.edu/studentconduct/). Depending on the severity of the conduct, you may receive a zero on the assignment or a grade of F in the course. Grade Forgiveness does not apply to courses for which the original grade was the result of a finding of academic dishonesty.

Campus Policy in Compliance with the American Disabilities Act

Presidential Directive 97-03 (http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf) requires that students with disabilities requesting accommodations must register with the Accessible Education Center (AEC) at http://www.sjsu.edu/aec to establish a record of their disability.

Accommodation to Students' Religious Holidays

According to University Policy S14-7 (http://www.sjsu.edu/senate/docs/S14-7.pdf), SJSU shall provide accommodation on any graded class work or activities for students wishing to observe religious holidays when such observances require students to be absent from class.

Study, Workspace, & Technology Resources

SJSU has designated 21 classrooms on campus, no reservations are required, for students to use for studying, attending online classes, etc. See the Study Resources page on the Learn Anywhere site to find information about these study and work spaces. Student Computing Services also rents technology to students for free.

SJSU Peer Connections

Peer Connections is a campus-wide resource for mentoring and tutoring, visit their website at http://peerconnections.sjsu.edu for more information.

SJSU Counseling and Psychological Services (CAPS)

All students are welcome at Counseling and Psychological Services, located at the Student Wellness Center, room 300B, for support with mental health. You can visit the CAPS website at http://www.sjsu.edu/counseling.

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Course Schedule

We will follow the schedule below to the greatest extent possible. However, the schedule is subject to change. You will be given fair notice of any changes via Canvas announcements.

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Week	Tasks broken down by Day/Week
Week 1: M 1/26 – Sun 2/1	*Mon (1/26)*: Attend in-person class from 10:30–11:45am (**Course Overview)** *Tue (1/27)*: Read **Psyc 1 Syllabus** (download from Canvas *Files* link) *Wed (1/28)*: Attend in-person class from 10:30–11:45am (**Student Skills)** *Thu (1/29)*: **Remember to take some time to relax & do what you love!** *Fri (1/30)*: Submit **Psyc 1 Course Goal Assignment** on Canvas *Assignments* link *by 11:59pm* *Sat (1/31) & Sun (2/1)*: **Read Ch. 1 (Introduction to Psychology)**
Week 2: M 2/2 – Sun 2/8	*Mon (2/2)*: Attend in-person class from 10:30–11:45am (**start Intro to Psychology)** *Tue (2/3)*: **If need be, finish reading Ch. 1** *Wed (2/4)*: Attend in-person class from 10:30–11:45am (**finish Intro to Psychology)** *Thu (2/5)*: Complete **Ch 1 SmartBook Quiz** on Canvas *Assignments* link *by 11:59pm* *Fri (2/6)*: Complete **Ch 1 NewsFlash Assignment** on Canvas *Assignments* link *by 11:59pm* *Sat (2/7) & Sun (2/8)*: **Read Ch. 2 (Scientific Thinking & Research in Psychology)**

Week	Tasks broken down by Day/Week
Week 3: M 2/9 – Sun 2/15	*Mon (2/9)*: Attend in-person class from 10:30–11:45am (**Fake News Writing Assignment Overview & Scientific Thinking**) *Tue (2/10)*: **If need be, finish reading Ch. 2** *Wed (2/11)*: Attend in-person class from 10:30–11:45am (**Research in Psychology**) *Thu (2/12)*: Complete **Ch 2 SmartBook Quiz** on Canvas *Assignments* link *by 11:59pm* *Fri (2/13)*: **Start working on your Fake News Writing Assignment!** *Sat (2/14) & Sun (2/15)*: **Read Ch. 5 (Human Development)**
Week 4: M 2/16 – Sun 2/22	*Mon (2/16)*: Attend in-person class from 10:30–11:45am (**start Human Development**) *Tue (2/17)*: **If need be, finish reading Ch. 5** *Wed (2/18)*: Attend in-person class from 10:30–11:45am (**finish Human Development**) *Thu (2/19)*: Complete **Ch 5 SmartBook Quiz** on Canvas *Assignments* link *by 11:59pm* *Fri (2/20)*: Complete **Ch 5 NewsFlash Assignment** on Canvas *Assignments* link *by 11:59pm* *Sat (2/21) & Sun (2/22)*: **Read Ch. 6 (Consciousness)**
Week 5: M 2/23 – Sun 3/1	*Mon (2/23)*: Attend in-person class from 10:30–11:45am (**start Consciousness**) *Tue (2/24)*: **If need be, finish reading Ch. 6** *Wed (2/25)*: Attend in-person class from 10:30–11:45am (**finish Consciousness**) *Thu (2/26)*: Complete **Ch 6 SmartBook Quiz** on Canvas *Assignments* link *by 11:59pm* *Fri (2/27)*: 1) Complete **Ch 6 NewsFlash Assignment** on Canvas *Assignments* link *by 11:59pm* & 2) Early deadline to complete at least ONE hour of **Research Participation** *by 11:59pm* *Sat (2/28)*: **Read Ch. 7 (Memory)** *Sun (3/1)*: Complete at least ONE hour of **Research Participation** *by 11:59pm*
Week 6: M 3/2 – Sun 3/8	*Mon (3/2)*: 1) Attend in-person class from 10:30–11:45am (**start Memory**) *Tue (3/3)*: **If need be, finish reading Ch. 7** *Wed (3/4)*: 1) Attend in-person class from 10:30–11:45am (**finish Memory**) *Thu (3/5)*: Complete **Ch 7 SmartBook Quiz** on Canvas *Assignments* link *by 11:59pm* *Fri (3/6)*: **Finish up your Fake News Writing Assignment!** *Sat (3/7) & Sun (3/8)*: **Read Ch. 8 (Learning)**
Week 7: M 3/9 – Sun 3/15	*Mon (3/9)*: Attend in-person class from 10:30–11:45am (**start Learning**) *Tue (3/10)*: **If need be, finish reading Ch. 8** *Wed (3/11)*: 1) Attend in-person class from 10:30–11:45am (**finish Learning**) & 2) Early deadline to complete **Fake News Writing Assignment** *by 11:59pm* *Thu (3/12)*: Complete **Ch 8 SmartBook Quiz** on Canvas *Assignments* link *by 11:59pm* *Fri (3/13)*: Submit **Fake News Writing Assignment** on Canvas *Assignments* link *by 11:59pm* *Sat (3/14) & Sun (3/15)*: **Read Ch. 9 (Language & Thought)**
Week 8: M 3/16 – Sun 3/22	*Mon (3/16)*: Attend in-person class from 10:30–11:45am (**Language**) *Tue (3/17)*: **If need be, finish reading Ch. 9** *Wed (3/18)*: Attend in-person class from 10:30–11:45am (**Thought**) *Thu (3/19)*: Complete **Ch 9 SmartBook Quiz** on Canvas *Assignments* link *by 11:59pm* *Fri (3/20)*: Complete **Ch 9 NewsFlash Assignment** on Canvas *Assignments* link *by 11:59pm* *Sat (3/21) & Sun (3/22)*: **Read Ch. 10 (Intelligence, Problem Solving, & Creativity)**
Week 9: M 3/23 – Sun 3/29	*Mon (3/23)*: Attend in-person class from 10:30–11:45am (**Intelligence**) *Tue (3/24)*: **If need be, finish reading Ch. 10** *Wed (3/25)*: Attend in-person class from 10:30–11:45am (**Problem Solving & Creativity**) *Thu (3/26)*: Complete **Ch 10 SmartBook Quiz** on Canvas *Assignments* link *by 11:59pm* *Fri (3/27)*: Complete **Ch 10 NewsFlash Assignment** on Canvas *Assignments* link *by 11:59pm* *Sat (3/28) & Sun (3/29)*: **Remember to take some time to relax & do what you love!**
Week 10: M 3/30 – Sun 4/5	**SPRING BREAK** **Relax, NO student drop-in hours, NO reading, & NO assignments due!**

Week	Tasks broken down by Day/Week
Week 11: M 4/6 – Sun 4/12	*Mon (4/6)*: Attend in-person class from 10:30–11:45am (**Motivation)** *Tue (4/7)*: **Read Ch. 11 (Motivation & Emotion)** *Wed (4/8)*: Attend in-person class from 10:30–11:45am (**Emotion)** *Thu (4/9)*: Complete **Ch 11 SmartBook Quiz** on Canvas *Assignments* link *by 11:59pm* *Fri (4/10)*: Complete **Ch 11 NewsFlash Assignment** on Canvas *Assignments* link *by 11:59pm* *Sat (4/11)*: Early deadline to complete the **Community Event assignment** & ALL 4 hours of **Research Participation** *by 11:59pm* *Sun (4/12)*: **Read Ch. 12 (Stress & Health)**
Week 12: M 4/13 – Sun 4/19	*Mon (4/13)*: Attend in-person class from 10:30–11:45am (**start Stress & Health)** *Tue (4/14)*: **If need be, finish reading Ch. 12** *Wed (4/15)*: Attend in-person class from 10:30–11:45am (**finish Stress & Health)** *Thu (4/16)*: Complete **Ch 12 SmartBook Quiz** on Canvas *Assignments* link *by 11:59pm* *Fri (4/17)*: Complete **Ch 12 NewsFlash Assignment** on Canvas *Assignments* link *by 11:59pm* *Sat (4/18) & Sun (4/19)*: **Read Ch. 13 (Personality: The Uniqueness of the Individual)**
Week 13: M 4/20 – Sun 4/26	*Mon (4/20)*: Attend in-person class from 10:30–11:45am (**start Personality)** *Tue (4/21)*: **If need be, finish reading Ch. 13** *Wed (4/22)*: Attend in-person class from 10:30–11:45am (**finish Personality)** *Thu (4/23)*: Complete **Ch 13 SmartBook Quiz** on Canvas *Assignments* link *by 11:59pm* *Fri (4/24)*: Complete **Ch 13 NewsFlash Assignment** on Canvas *Assignments* link *by 11:59pm* *Sat (4/25) & Sun (4/26)*: **Read Ch. 14 (Social Behavior)**
Week 14: M 4/27 – Sun 5/3	*Mon (4/27)*: Attend in-person class from 10:30–11:45am (**start Social Behavior)** *Tue (4/28)*: **If need be, finish reading Ch. 14** *Wed (4/29)*: Attend in-person class from 10:30–11:45am (**finish Social Behavior)** *Thu (4/30)*: Complete **Ch 14 SmartBook Quiz** on Canvas *Assignments* link *by 11:59pm* *Fri (5/1)*: Complete **Ch 14 NewsFlash Assignment** on Canvas *Assignments* link *by 11:59pm* *Sat (5/2) & Sun (5/3)*: **Read Ch. 15 (Psychological Disorders)**
Week 15: M 5/4 – Sun 5/10	*Mon (5/4)*: Attend in-person class from 10:30–11:45am (**Article Outline Writing Assignment Overview & start Psychological Disorders)** *Tue (5/5)*: **If need be, finish reading Ch. 15** *Wed (5/6)*: Attend in-person class from 10:30–11:45am (**finish Psychological Disorders)** *Thu (5/7)*: Complete **Ch 15 SmartBook Quiz** on Canvas *Assignments* link *by 11:59pm* *Fri (5/8)*: Complete **Ch 15 NewsFlash Assignment** on Canvas *Assignments* link *by 11:59pm* *Sat (5/9)*: Early deadline to complete ALL 4 hours of **Research Participation** *Sun (5/10)*: Complete **Course Goal Follow-up Assignment** on Canvas *Assignments* link *by 11:59pm*
Week 16 & Final: M 5/11 – W 5/13	*Mon (5/11)*: ***please see the list below!*** 1) Attend in-person class from 10:30–11:45am (**Article Outline Work Time)** 2) Early deadline to complete **Article Outline Writing Assignment** *by 11:59pm* 3) Complete **Community Event assignment** *by 11:59pm* 4) Complete ALL 4 hours of **Research Participation** *by 11:59pm* *Tue (5/12)*: ***Relax, good luck with finals, you got this!*** *Wed (5/13)*: Submit **Article Outline Writing Assignment** on Canvas *Assignments* link *by 11:59pm*