For questions about the policy, contact:

Laura Alexander  
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For more information and resources, email titleix@sjsu.edu, or call either 408-924-7290 (M-F, 8 AM – 5 PM) or 669-877-0620 (after hours, voice/text).
You can request a Wellbeing Attendant at **any** time for any medical examination, therapy or procedure.

Any Sports Medicine Encounter that involves a Sensitive Area must be explained and discussed in full with you prior to the start of the Sports Medicine Encounter. You will be asked to provide Informed Consent or decline the treatment.

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**Key Definitions:**

A **Wellbeing Attendant** is a person who serves as an objective observer for a student-athlete and/or sports medicine staff during a Sports Medicine Encounter. Depending on the circumstances, a Wellbeing Attendant may be a sports medicine staff member, coach, or student-athlete.

A **Sensitive Area** is defined as the areas of and regions surrounding the buttocks, pelvis, and female breasts.

A **Sports Medicine Encounter** is any medical examination, therapy or procedure.

**Informed Consent** is a clear explanation of the Sports Medicine Encounter to be administered, the expected benefits and potential risks of the Sports Medicine Encounter and a clear verbal agreement from the student-athlete to proceed with the Sports Medicine Encounter.

A Wellbeing Attendant must be present for any Sports Medicine Encounter involving a Sensitive Area unless explicitly declined.

**You may stop the treatment at any time.**

You may choose any trained Student-Athlete or Athletics employee to serve as your Wellbeing Attendant.