Dr. Ramani Durvasula is on a mission to demystify and dismantle the toxic influence of narcissism on all of our lives. Narcissism is a personality pattern that impacts behavior, and can result in behavior that manifests as high conflict, antagonistic, and dysregulated. These patterns can impact a range of relationships including intimate, family, and workplace relationships. Although the term is often used, there can be a lack of clarity in what it means, and it can have varied presentations. Understanding the different "faces" of narcissistic personality styles can provide a framework for addressing and managing it in a range of settings. The focus of Dr. Durvasula’s clinical, academic and consultative work is the etiology and impact of narcissism and high-conflict, antagonistic personality styles on human relationships, mental health, and societal expectations.

About Dr. Ramani Durvasula

Dr. Durvasula is a licensed clinical psychologist in private practice in Santa Monica and Sherman Oaks, CA and Professor of Psychology at California State University, Los Angeles, where she was named Outstanding Professor in 2012. She was also the national recipient of the American Association of University Women Emerging Scholar Award. Her work has been featured at SxSW, TEDx, and on a wide range of media platforms including Red Table Talk, the Today Show, Oxygen, Investigation Discovery, Bravo, and she is a featured expert on the digital media mental health platform MedCircle. She has spoken on these issues to clinicians, educators and researchers around the world. Dr. Durvasula is an honest, authentic, and brutally honest voice on the struggles raised by narcissism and high conflict, antagonistic personality styles in the US and globally.